

■ *Narrow waters unfamiliar to most B&C men. Looking forward from Nina Bowater, outward bound in the James River, Virginia, U.S.A.*

New centre progress

With the *SA Oranje* arriving early in January at 35 Berth in the Eastern Docks, group staff were able to see progress in the building of the Port Communications Centre at the Dockhead, 37 Berth. This will replace the present centre at Calshot Castle and will have VHF and radar coverage of Southampton Water and dock area and remote control of scanners covering the port approaches. Due for completion in 1972, it will also house the dockmaster's and harbour master's offices, Trinity House Pilots and the office of the Southampton Pilots.

Help with personal troubles

To help sea staff and their families to maintain a link while they are apart and to assist them should they have any personal problems they are reminded that the Sea Staff and Family Welfare Service is ready to help at any time, day or night.

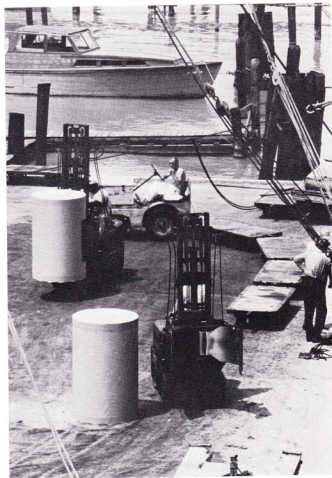
If any member of the sea staff has a problem when away from home he or she should see the Master, who, if it is a matter for the welfare service, will contact them without delay. Help will be given immediately. If on the other hand misfortune, accident, serious illness or sudden death befalls a member of the family at home and it is necessary to contact the seagoing member of the family, one of the following methods should be adopted:

(a) Telephone R. M. Taylor, fleet welfare officer or D. A. Dearsley, assistant welfare officer. Telephone number 01-283-4343 ex. 140/133 or, for out of office hours and during weekends the fleet welfare officer can be contacted at 01-393-4472.

Or:

(b) Write. Letters should be addressed private and personal to Fleet Welfare Officer, Cayzer, Irvine & Co. Ltd., Cayzer House, 2 & 4 St. Mary Axe, London EC3A 8BP.

(c) Visit the Office. If it is more convenient to make a personal visit an appointment can be made to meet a welfare officer at 3-4 Bevis Marks, London E.C.3, or on Thursday mornings at Union Castle Offices, Herbert Walker Avenue, New Docks, Southampton (telephone number Southampton 23121).



■ *Nina Bowater discharging newsprint at Alexandria, Virginia, U.S.A. Note the special clamps fitted to fork trucks for paper reel handling. Pictures on this page by second officer T. Kearsey (see also Letters column).*